

THE VIKASA SAINIK SCHOOL- SAWYERPURAM, TUTICORIN
REVISED DAILY ROUTINE TILL MONTH OF JANUARY

TIME/ PERIOD	NAME OF THE ACTIVITY
05.00	Wake Up
05.45 - 07.00	Morning PT/Games
07.00 - 07.45	Refresh
07.45 - 08.10	Breakfast
08.20 - 09.00	I Period
09.00 - 09.40	Morning Assembly
09.40 - 10.20	II Period
10.20 - 11.00	III Period
11.00 - 11.20	Tea Break
11.20 - 12.00	IV Period
12.00 - 12.40	V Period
12.40 - 13.20	VI Period
13.20 - 14.00	Lunch Break
14.00 - 14.40	Rest & Change of Uniform
14.40 - 15.20	Personality Development / Art & Craft / Value Based Learning
15.20 - 16.00	Personality Development / Art & Craft / Value Based Learning
16.00 - 17.30	Parade / Band / Swimming / Games- Basketball/ Volleyball/ Football
17.30 – 17.45	Tea Break
17.45 - 18.30	Wash & Change
18.30 - 20.30	Study
20.30 - 21.00	Dinner
21.00 - 21.30	Outside Walk/Parade
21.30 - 22.15	Preparations for the next day
22.30	Lights Off